

## STARTERS

<i>Soup of the day, homemade soup with a bread roll</i>	
<i>Chicken Liver Pate*</i>	£3.95
<i>Prawn Cocktail Salad*</i>	£4.95
<i>Lemon Sorbet Fresh Fruit and Liqueur Glaze*</i>	£6.50
<i>Deep Fried Brie Wedges, served with salad &amp; a fruit sauce</i>	£4.75
<i>Deep Fried Breaded Mushrooms, served with garlic mayonnaise</i>	£5.95
<i>Smoked Salmon, on brown bread served with fresh Prawns*</i>	£4.95
	£6.75

## SPECIALS *Please see our blackboard for today's specials*

*All meals marked with \* are available gluten free.  
Please advise about allergies when ordering.*

## Main Courses *All meals are served with potatoes or chips, and vegetables of the day*

<i>10oz Sirloin Steak*</i>	£15.95
<i>Sirloin steak cooked to your liking, served with mushrooms, tomato &amp; onion rings</i>	
<i>Lowther Fillet Steak*</i>	£17.95
<i>Fillet steak cooked to your liking, served with mushrooms, tomato &amp; onion rings</i>	
<i>The Lowther Arms Mixed Grill</i>	£16.50
<i>Steak, gammon, pork chop, lamb chop, sausage and black pudding served with onion rings, mushrooms &amp; tomato</i>	
<i>16oz Gammon Steak*</i>	£12.50
<i>Served with mushrooms, tomato, onion rings &amp; a choice of either egg or pineapple</i>	
<i>Cumberland Sausage*</i>	£10.75
<i>Local cumberland sausage served with a rich onion gravy &amp; apple sauce</i>	
<i>The Lowther Lamb Rump*</i>	£14.95
<i>served with a mint gravy</i>	
<i>Beef Medallions*</i>	£11.95
<i>Braised medallions of beef, served with Stilton and peppercorn gravy</i>	
<i>Beef Stroganoff*</i>	£13.50
<i>Strips of fillet steak cooked in paprika, wine and cream, with onions and mushrooms, served with rice</i>	
<i>Pork Loin*</i>	£10.95
<i>Stuffed with Sausage with a creamy whiskey and sage sauce</i>	
<i>Chicken Breast*</i>	£10.95
<i>Served with creamy stilton sauce, creamy mushroom sauce or creamy Dijon mustard sauce</i>	
<i>Home Made Steak &amp; Ale Pie</i>	£10.50
<i>Chunks of steak with a rich ale gravy topped with short crust pastry</i>	
<i>Lasagne</i>	£10.50
<i>Served with garlic bread or Chips</i>	



- Deep Fried Fresh Fish of the Day*  
Served with a lemon & tartare sauce £11.50
- Seafood Crumble*  
White fish, salmon, fresh prawns and vegetables in a cheese sauce with a savoury crumble topping £10.95
- Breaded Wholetail Scampi*  
Served with a lemon & tartare sauce £10.95

## VEGETARIAN DISHES

- Vegetable Lasagne*  
Served with garlic bread or chips £10.50
- Ground Almond and Walnut Slice*  
A blend of barley and onion stuffing topped with almonds and walnuts encased in puff pastry, served with cumberland sauce £10.95
- Spinach and Mushroom Plait*  
Spinach, onions and mushrooms encased in puff pastry served with a creamy sherry and mushroom sauce £10.95

## SALAD Freshly prepared salads with a choice of:

- Roast Ham, Roast Beef, Cheese or Chicken\** £10.95
- Fresh Prawns\** £11.95
- Mixed Salad, please choose any 3 of the above\** £11.95

## SIDE ORDERS

- Garlic Bread* £2.50
- Chips* £2.95
- Onion Rings* £1.95
- Peppercorn, Stilton or creamy Mushroom Sauce* £2.95

## CHILDREN'S MENU Served with vegetables & a choice of chips or potatoes

- Choose from: Sausage, Beefburger, Cheesburger, Chicken Nuggets,  
Scampi or Fish Fingers* £5.50

## DESSERTS Please ask to see our dessert menu from £4.90

## FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients in your meal,  
when making your order. **Thank you.**